



Mission Statement

The Episcopal Church of the Holy Spirit Discovery Day School is a unique part of God's family, encompassing many types and ages of children. We seek to create an affordable family environment in which to learn what it means to be God's children. We will encourage all children to love God and love learning.

Program Board

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Parents Needed

Church Worship Hours

8:00am & 10:00am
Sundays



Getting Started

Planting a Firm Foundation

It is never easy for a young child to say "goodbye" to mother or father, especially to the parent who spends the most time with him or her—who provides food to ease hunger pains and kisses to make "bumps" well. Children, especially those under three years of age, can't bear to see their parents leave. It is also hard for parents to say goodbye to children who cry and cling to them.

In one way, it's a good sign when children are so attached to parents that they are unhappy when parents leave them, even for short periods of time. It shows that there is a strong bond between parent and child. That bond is necessary for the child to grow into a confident, independent person.

Parents, however, need free time away from the children—for a couple of hours while they go to a movie or for eight hours while they work. Parents can make separations easier for themselves and the children by preparing for it.

How to Make Goodbyes Easier:

1. Let your child know what to expect. Explain what will happen while your are gone.
2. Let your child know when you are coming back. Use a time that she will understand, such as after a routine activity: "I'll be back after you eat your lunch."
3. If you're taking your child somewhere away from home, let him take a comfort item such as a blanket or family picture. Something familiar can help ease unsure feelings.
4. Tell your child you are leaving—don't sneak away. This will help your child develop the security she needs, and it will make goodbyes easier in the long run.
5. Keep your goodbyes short. Give your child a quick hug and kiss, then leave. Long goodbyes can make things more difficult.
6. Follow a routine. If you leave your child every day, saying goodbye in the same way each time helps him know what to expect and feel more secure.

Though there may be tears when you leave, remember that your child will probably be playing happily a few minutes later. And feel free to call in and make yourself feel better.

TOGETHER In The Garden

Discovery Day School • The Episcopal Church of the Holy Spirit



In the Spring of 2010, Discovery Day School partnered with the church congregation and built a garden for all the kids to plant and care for. Watch for Fall ideas on the way!

Succeeding in Preschool

Parents Can Help Their Children

As a parent, you know lots of things are going on each day in your child's classroom, but you may have to become a bit of a detective to find out what. The more you know about what is happening in the classroom, the better able you will be to help your child do their best.

- Get to know your child's teacher. Visit regularly by short visits or brief notes. Let the teacher know that you are interested in what your child is doing and learning.
- Arrange to volunteer in the program. This allows you to experience your child's learning environment and provide a much-needed extra pair of hands.
- Make an appointment for a parent-teacher conference. Take with you a list of questions or concerns you want to talk about with the teacher.
- Each afternoon or evening after preschool, sit down with your child and go through their backpack (or papers brought home.)
- Go over each paper. Listen to your child's reaction to his/her work. Be positive and give lots of praise and encouragement.
- Be sure to read all notes and papers sent home by the teachers or the preschool and respond as needed.
- Make a family calendar. Mark dates of all preschool, family and work activities. Be sure to include dates of holidays.
- Arrive and pickup on time.
- Show them you like where they are going to school.
- Volunteer and get involved.
- Be positive and encouraging.
- Help your child get accustomed to routines.

Have you seen me?

A sampling of the wildlife and nature seen on our campus.



Each day at Discovery Day School brings a new wonder and we like to incorporate them into a learning experience. Be on the look out and let us know what you see.

Coming Soon...

Kidz Korner



We will feature monthly one of our students. Stay tuned!

Coming Soon...

STAFF SPOTLIGHT

We will feature monthly one of the church staff. Stay tuned!



SEPTEMBER TOPICS

Color: Yellow

Numbers: 1-3

Shape: Straight Line

Direction: Up/Down

Themes: All About Me, Me & My Family, Grandparents Day, God & Me, Community Helpers, Career Dress Up Day, Fire Safety, and Fire Station Field Trip

Monthly Snack Menu*

- 9/1 Hummus, Tortilla
 - 9/2 Cucumber, Cottage Cheese
 - 9/7 Carrots, Ranch Dip
 - 9/8 Raisins, Cheese Crackers
 - 9/9 Grapes, Yogurt
 - 9/13 Applesauce, Graham Crackers
 - 9/14 Bagel, Cream Cheese
 - 9/15 Apples, Cheese Slices
 - 9/16 Pepperoni, Crackers
 - 9/20 Cereal, Milk
 - 9/21 Trail Mix
 - 9/22 Banana, Yogurt
 - 9/23 English Muffin, Jelly
 - 9/27 Cucumber, Ranch Dip
 - 9/28 Strawberries, Rice Cakes
 - 9/29 Carrots, Pretzels
 - 9/30 Grapes, Saltines
- * Subject to change